



Cousins Katie Bennett and Chloe and Anna Staudenmaier admire our new sign on the corner of West Mason Street and 15th Avenue.

# THE BEAT

## Marquette Park Neighborhood Association

### Newsletter

Fall/Winter 2011 |  
3rd Issue



### Message from the President

Hello Neighbors in Marquette Park Association.  
Just a note to talk about last year in review.

I would like to thank all board members and all they do to make this association what it is today.

Some of the things we've accomplished this year include designing and installing the Marquette Park Neighborhood sign at the corner of West Mason Street and 15th Avenue, planting of the flower beds, Fun Fest, Holiday Decorating Contest, rummage sales, ice rink and delivery of the newsletter to the 850 homes and businesses in our area.

Things we would like to do this coming year include a brat fry, movie night in the park, recruitment of new members to keep this great association growing, flowers planted around the new sign and booyah in the park (October).

We're looking into getting the shelter in the park open so the public will have a place to put on their skates and warm up.

We're open to any ideas you may have to make our neighborhood a better place to live.

I grew up in this neighborhood and am proud to have been your president the past year and look forward to continuing as your president in the coming year.

I wish you all a safe and healthy holiday season.

### Christmas on 9th Street

Everyone is welcome at the 9th Street Wellness Center on Saturday, Dec. 10, from 12:30 to 2 p.m. for a children's program making holiday crafts with family and friends. Children, family and friends will then sing carols as they walk to the Care for All Ages adult care at 1308 S. Norwood Avenue. Christmas caroling will continue at 2:30 while the crafts are presented to the residents. At 4 p.m. music and caroling will conclude at the 9th Street Wellness Center with complimentary snacks, hot chocolate and apple cider. For more information, call 490-9699.

*Sponsored by Karen Stoehr, 9th Street Wellness Center, 1028 9th Street*

### 'Tis the Season...

...for the 2011 Holiday Decorating Contest

Decorate your home in the Marquette Park Neighborhood Association boundaries and win some \$\$\$\$ for your efforts. Whether you are celebrating Hanukkah, Christmas, Kwanzaa, Feliz Navidad or any other holiday that falls between Thanksgiving and December 31, 2011, just decorate the exterior of your home and call me, Jan Deneys, at 494-2394, by December 18. Our panel of judges will drive past your home and judge your display. All decisions are final and will be announced in the spring 2012 issue of *The Beat*. We have a lot of really nice displays in this area and it is so easy to enter.

Winning displays last year were at the homes of Tim Greetan on Gross Court and Kim McGowan on 14th Avenue.

## Marquette Park Neighborhood Association Mission Statement

Our mission is to provide a safe, well-maintained environment to all who live in the neighborhood. We take pride when neighbors know each other and a sense of community and security can be developed. Our goals are to ensure the neighborhood creates family-friendly recreation and encourage everyone to be involved in assisting others and properly maintaining the community.

### Board of Directors

**President:** Jim Ridderbush, 498-9257  
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Bonnie Ridderbush, 498-9257  
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### Forgotten Cookies

2 egg whites            1 cup chopped nuts  
2/3 cup sugar           1 tsp. vanilla  
1 cup chocolate chips

Preheat oven to 350 degrees.  
Grease well 2 cookie sheets.  
Beat egg whites until soft peaks form.  
Gradually add sugar 2 Tbsps. at a time until stiff peaks form and sugar is dissolved.  
Add chips, nuts and vanilla.  
Spoon by heaping teaspoons on cookie sheets.  
Cookies will retain any shape they are given.  
Place cookie sheets on center rack and **turn off the oven.** Forget them for 2 hours or until oven is completely cold. **Do not open oven until it is cold.**

MPNA meets on the  
**2nd Wednesday of the month.**

**6:45 p.m.**

**9th Street Wellness Center  
1028 - 9th Street, 490-9699**

**All are welcome and encouraged to attend.**

### Sleigh Bells Ring - Coming Attractions

**Dec. 2-4, 9-11, 16-18, 26-29** - WPS GARDEN OF LIGHTS at the Green Bay Botanical Garden featuring more than 250,000 lights crafted into flowers, butterflies and other botanical themes. See the giant 60-foot-long caterpillar decorated in 20,000 LED lights!

**Nov. 25-Jan. 8** - FESTIVAL OF TREES at the National Railroad Museum featuring dozens of trees decorated by local businesses and corporations.

**Dec. 3, 10, 17** - A HERITAGE HILL CHRISTMAS Relive Christmas pasts as you visit with St. Nick. Enjoy a horse-drawn carriage ride and Christmas music, historic dancing, toy making and holiday baking on the farm.

**Dec. 9-10** - GREEN BAY SYMPHONY ORCHESTRA HOLIDAY POPS CONCERT at the Weidner Center featuring the Dudley Birder Chorale. The concert starts at 7:30 p.m.

**Dec. 16-17** - HOLIDAY FEST AT THE NEW ZOO A spectacular Christmas light display and breakfast with Santa Saturday morning.

**Dec. 23** - CHRISTMAS AT THE CATHEDRAL at St. Francis Xavier Cathedral. Green Bay Symphony Orchestra performs a holiday presentation. The concert features the horn section and special guests in the program of sacred and festive music. The concert starts at 7:30 p.m.



## Spotlight on Northeast Insurance Center

Northeast Insurance Center is located at 1345A North Road, Suite 100, in Ashwaubenon. The owner, Michael Hermes, has been in business for 34 years and at the present location for 18 years.

Mike is a west-side native with ties in the Marquette neighborhood. He graduated from Ashwaubenon High School and attended Arizona State University. Mike and his wife, Brenda, have been married 38 years and have three children and one grandchild.

Mike is an independent insurance agent specializing in auto, home, business and life insurance. He's won many awards from Pekin Insurance for various achievements, among them 14 President trophies, was six times named Agency of the Year and is one of Pekin's top life insurance producers. He is a 22-year member of Pekin Insurance Inner Circle Club.

Mike's knowledge and expertise in the insurance industry enables him to answer all questions concerning insurance needs and options.

*Submitted by Suzanne Doan*



## What is Kwanzaa?

Kwanzaa celebrates what its founder called the seven principles of Kwanzaa, or *Nguzo Saba* (originally *Nguzu Saba*—the seven principles of African Heritage). Each of the seven days of Kwanzaa is dedicated to one of the following principles:

***Umoja (Unity)***: To strive for and to maintain unity in the family, community, nation, and race.

***Kujichagulia (Self-Determination)***: To define ourselves, name ourselves, create for ourselves, and speak for ourselves.

***Ujima (Collective Work and Responsibility)***: To build and maintain our community together and make our brothers' and sisters' problems our problems, and to solve them together.

***Ujamaa (family)***: The belief in family and general communal understanding.

***Nia (Purpose)***: To make our collective vocation the building and developing of our community in order to restore our people to their traditional greatness.

***Kuumba (Creativity)***: To do always as much as we can, in the way we can, in order to leave our community more beautiful and beneficial than we inherited it.

***Imani (Faith)***: To believe with all our heart in our people, our parents, our teachers, our leaders, and the righteousness and victory of our struggle.

## The legend of Santa Claus

How does the legend of Santa Claus vary throughout the world? The legend of Santa has been around longer than the jolly old fellow himself. The story begins with St. Nicholas, the bishop of Myra in Asia Minor (what is now Turkey). He died and was buried there in 230 A.D., leaving behind a legacy of incomparable kindness and generosity.

During the medieval crusades (1095-1270 A.D.) Italian soldiers found his remains and took them to Italy. A church in the city of Bari was built in his honor and soon Christian pilgrims from all over the world came to visit. These pilgrims took the legend of St. Nicholas back and spread it through their lands.

Germany, France and Holland celebrate St. Nicholas Day Dec. 6. In Holland Sinterklaas sails in on a ship on Dec. 5. He carries a big book with the names of good children. Those who are bad are taken away by his assistant Black Peter.

German children wait for Christ Kindl (Christ Child) to bring them gifts on Christmas Eve.

In Italy La Befana, a kind old witch, brings presents on Jan. 6. Children in Norway, Denmark and Sweden believe in a lively elf called Jultomten, who delivers presents with the help of his yule goat, Julblock.

So although the specifics of Santa Claus change from place to place, the legend's giving spirit is universal.



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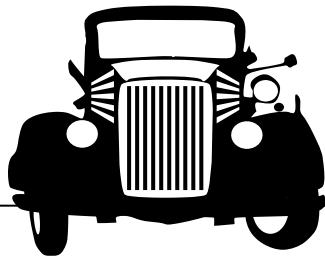
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### 'Tis the Reason

In the spirit of giving, please consider donating an hour or two a month to the Neighborhood Association. We are especially in need of board members and people to deliver the newsletter three times a year. Please call Jim Ridderbush at 498-9257 or e-mail him at [ridder1054@yahoo.com](mailto:ridder1054@yahoo.com).

**9th STREET WELLNESS CENTER**

1028 9th Street, Green Bay, WI 54304  
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## Who was your street named for?

**Nicolet Avenue** - Jean Nicolet, French explorer, translator and negotiator, was the first European to travel throughout the Great Lakes area, visiting Lake Michigan and what are now Wisconsin and Illinois and possibly reaching the Mississippi River. For many years he lived among the Native Americans in what is now the Ontario, Canada, area.

**Marquette Avenue** - Fr. Jacques Marquette, S.J., (6/10/1637-5/18/1675), sometimes known as Pierre Marquette, was a French Jesuit missionary who founded Michigan's first European settlement, Sault Ste. Marie, and later founded St. Ignace, Michigan. In 1673 Fr. Marquette and Louis Jolliet were the first Europeans to see and map the northern portion of the Mississippi River.

**Cleveland Street** - The first Democrat elected after the Civil War, Grover Cleveland was the only president to leave the White House and return for a second term four years later.

**Langlade Street** - Charles Michel de Langlande (1729-1800), pioneer in Wisconsin and soldier, was born in the Mackinac region, which is now in Michigan. He was the son of an Ottawa woman and a trader, Augustin Langlande, who established the settlement of Green Bay.

**St. Paul Street** - Paul, the Apostle, also called, Saul of Tarsus and Saint Paul (c. AD 5 - c. AD 67) was one of the most influential early Christian missionaries with his writings forming a considerable portion of the Bible's New Testament.

**Oneida Street** - The name Oneida is the English mispronunciation of Onyota'a:ka, which means People of the Standing Stone. Their identity is based on a legend in which the Oneida people were being pursued on foot by an enemy tribe. The Oneida people were chased into a clearing within the woodlands and suddenly disappeared. The enemy of the Oneida could not find them and so it was said that these people had turned themselves into stones that stood in the clearing. As a result, they became known as the People of the Standing Stone.

Share with us your street's story.

## Healthy Bites a big success

*by Karen Stoehr*

Thank you MPNA for your help making the fundraiser Healthy Bites a success at the 9th Street Wellness Center. We served 300 people with the benefits supporting the Brown County Food and Hunger Network and Celebration Academy.

We are ready for the holidays with a recipe and simple health tip to help you Relax, Circulate, Breathe, Release, Detoxify and Rejuvenate.

### Oatmeal Apple Muffins (wheat free and sugar free)

Preheat oven to 400 degrees.

1 cup buckwheat flour or Spelt flour

1 cup of rolled oats

½ tsp. salt

3 tsps. baking powder

½ tsp. nutmeg

2 tsps. cinnamon

1-½ tsps. of Stevia powder (if using maple syrup, reduce to ½ tsp. Stevia.

1 egg

¾ cup milk

¼ cup unsweetened apple sauce (or use ¼ cup pure maple syrup—won't be sugar free)

3 small peeled and chopped apples

¾ cup raisins or dried cranberries

Mix the milk, egg, apple sauce (or syrup), apples and raisins in a large mixing bowl. Add flour, oats, salt, baking powder, nutmeg, cinnamon and Stevia. Mix well. Spoon into greased muffin pans. Bake 15-20 minutes.

### Health Tip

Adding lemon to your water could help improve your health. Lemon is alkalizing. Alkalizing your system creates an unfriendly environment for viruses, bacteria and fungi. It's another step in bringing your body into balance.



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Call us today at 436-7744 or stop in to see how we can help you with your financial needs.



### Looking for a deal?

Many businesses grant discounts to senior citizens. Here are just some of those businesses. Policies change, so it's a good idea to check with the business before buying.



#### Restaurants

- Applebee's - 15% with Golden Apple card (60+)
- Arby's - 10% (55+)
- Burger King - 10% (60+)
- Culver's - 10% (60+)
- Denny's - 10% or 20% for AARP members (55+)
- Golden Corral - 10% (60+)
- Hardee's - \$0.33 beverages (65+)
- IHOP - 10% (55+)
- KFC - Free small drink with any meal (55+)
- Long John Silver's - varying discounts (55+)
- McDonald's - discounts on coffee and soda (55+)
- Sonic - 10% or free beverage (60+)
- Subway - 10% (60+)
- Taco Bell - 5% and free beverage (65+)

#### Retail

- C.J. Banks - 10% Wednesdays (60+)
- Dress Barn - 10% (55+)
- Goodwill - 10% one day a week (varies by location)
- Hallmark - 10% (varies by location)
- Kmart - 20% (55+)
- Kohl's - 15% on senior days (60+)
- Salvation Army thrift stores - up to 50% (varies by date) (55+)



#### Travel

- Avis - up to 25% for AARP members
- Budget Rental cars - 10% (up to 20% for AARP members)
- Enterprise Rental Cars - 5% for AARP members
- Hertz - up to 25% for AARP members
- Greyhound - 5% (62+)
- Best Western - 10% (55+)
- Cambria Suites - 20% to 30% (60+)
- Clarion - 20% to 30% (60+)
- Comfort Inn - 20% to 30% (60+)
- Comfort Suites - 20% to 30% (60+)



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